

## WHO ARE THE ALCOHOLICS IN MEMBERS' LIVES?\*

AL-ANON	ALATEEN
52% Current Spouse	92% Parent/Stepparent
48% Parent	55% Aunt/Uncle
42% Other Relative/Family	44% Friend
38% Friend	42% Grandparent
35% Full/Half Brother or Sister	40% Other Relative/Family
31% Grandparent	19% Full/Half Brother or Sister
28% Former Spouse	11% Boyfriend/Girlfriend
26% Child	8% Employer/Employee
16% Employer/Employee	2% Partner/Lover
13% Partner/Lover	2% Fiancé/Fiancée
3% Fiancé/Fiancée	

Al-Anon members have an average of three alcoholics in their lives. Forty-five percent report having four or more alcoholic relationships.

Alateen members have an average of four alcoholics in their lives. Over one-third report having five or more alcoholic relationships (36 percent).

\*Members could respond by selecting all applicable relationships to the alcoholics in their lives.

### Meeting Attendance

AL-ANON	ALATEEN
Attends six meetings per month.	Attends four meetings per month.

### Length of Time in the Program:

AL-ANON	ALATEEN
15% 1 Year or Less	23% Less than 6 Months
26% 1 to 5 Years	16% 6 to 12 Months
17% 5 to 10 Years	43% 1 to 5 Years
42% Over 10 Years	18% Over 5 Years
Average length of time is 10.3 years.	Average length of time is 2.5 years.

**Alateen Group Sponsors** are adult Al-Anon members active in the Al-Anon program and over the age of 21. It is recommended that Alateen groups have two Alateen Sponsors.

Length of Time in Al-Anon – Average of 12.6 years

Average age – 49 years old

Gender – 68 percent female; 32 percent male

Former Alateen Members – 13 percent

Have an average of four alcoholic relationships in their lives.

## Group and Estimated Membership Data:

With meetings in 115 countries, Al-Anon and Alateen members belong to 26,000 groups worldwide. Al-Anon and Alateen groups usually meet weekly, often in churches, hospitals, schools, and other rented public facilities. Sixty percent of these groups are in the US and Canada. A breakdown of the number of groups in 2003 is as follows:

	US	Canada	International	Total
Al-Anon	13,048	1,536	9,445	24,029
Alateen	1,203	100	808	2,111
Totals	14,251	1,636	10,253	26,140

Based upon information reported by US and Canadian groups annually, the average number of Al-Anon members and Alateens per group is 13 and seven respectively.

## HOW TO FIND US

**Al-Anon may be listed in your local telephone directory, or contact:**

Al-Anon Family Group Headquarters, Inc.  
Al-Anon Family Group Headquarters (Canada) Inc.

[www.al-anon.alateen.org](http://www.al-anon.alateen.org)  
[wso@al-anon.org](mailto:wso@al-anon.org)

For meeting information call:  
1-888-4AL-ANON (1-888-425-2666)  
(Canada and USA, Monday - Friday, 8 a.m. - 6 p.m. ET)

1600 Corporate Landing Parkway  
Virginia Beach, VA 23454-5617  
(757) 563-1600 Fax: (757) 563-1655

Capital Corporate Centre, 9 Antares Drive, Suite 245  
Ottawa, ON K2E 7V5  
(613) 723-8484 Fax (613) 723-0151

Al-Anon/Alateen is supported by members' voluntary contributions and from the sale of our Conference Approved Literature.

©Al-Anon Family Group Headquarters, Inc. 2004



Approved by  
World Service Conference  
Al-Anon Family Groups

# Who Are The Members of Al-Anon and Alateen ?

2003  
Survey Results  
in the US  
and Canada

S  
E  
R  
V  
I  
C  
E

AL-ANON FAMILY GROUPS   
hope for families & friends of alcoholics

## BACKGROUND AND METHODOLOGY

Al-Anon Family Groups, which includes Alateen for younger family members, is a mutual aid program for families and friends of alcoholics. Our program is based upon members sharing their application of the Al-Anon/Alateen principles to their daily lives. Although adapted from Alcoholics Anonymous (AA), Al-Anon/Alateen is a separate entity. Al-Anon/Alateen is a worldwide program.

The Al-Anon Family Group Headquarters, Inc. (AFG, Inc.) is a tax-exempt, registered 501(c)(3) not-for-profit organization registered in the US, and its subsidiary corporation is known as Al-Anon Family Group Headquarters (Canada) Inc. Meeting information for

groups in countries without a local or national Al-Anon office is maintained by AFG, Inc.

The 2003 Membership Survey represents the Al-Anon Family Group Headquarters, Inc.'s seventh self-administered study of a randomly selected sample of three percent of the English speaking Al-Anon groups (378), ten percent of the Spanish (34) and French (35) speaking Al-Anon groups, and ten percent of the Alateen groups (122) and their Alateen Sponsors in the US and Canada. A total of 743 Al-Anon, Alateen, and Alateen Group Sponsor surveys were tallied. **Note: The totals in some categories are greater or less than 100 percent because members could select more than one option or the numbers were rounded up or down.**

A complete survey report tabulated by a profes-

sional research firm is available in PDF format in the Professional Resources section of our Web site, [www.al-anon.alateen.org](http://www.al-anon.alateen.org), or by contacting Al-Anon Family Group Headquarters, Inc.

**Thank you for your client, patient, student, and employee referrals to Al-Anon/Alateen.**

**Members Receiving Treatment/Counseling before attending Al-Anon or Alateen:** 47% of Al-Anon members and 40% of Alateens received some form of medical, psychological, or spiritual treatment or counseling.

**Members Receiving Treatment/Counseling after attending Al-Anon or Alateen:** 50% of Al-Anon members and 34% of Alateens received some form of medical, psychological, or spiritual treatment or counseling.

## INTRODUCTION TO OUR PROGRAM

Members cited the following factors (more than one item could be selected) as responsible for influencing them to attend their first meeting:

AL-ANON	ALATEEN
<b>78% Personal Recommendations</b>	<b>94% Personal Recommendations</b>
39% Family Member	77% Family Members
39% Friend/Neighbor/Coworker	28% Friend/Neighbor
22% AA Member	43% AA Member
19% Al-Anon Member	40% Al-Anon/Alateen Member

AL-ANON	ALATEEN
<b>40% Professional Recommendations</b>	<b>25% Professional Recommendations</b>
25% Therapist/Counselor	19% Therapist/Counselor
12% Treatment Facility	4% Treatment Facility
5% Medical Doctor	3% Medical Doctor
5% Clergy	3% Clergy
2% Teacher/School Staff	8% Teacher/School Staff
1% Correctional Facility	3% Correctional Facility
1% Employer (EAP)	1% Employer (EAP)

## Membership Demographics

### Ages of Members:

AL-ANON	ALATEEN
7% Under 35	6% Under 10
54% 35 to 54	87% 10 to 18
40% Over 54	7% 18 to 21
The average age of an Al-Anon member is 51 years.	The average age of an Alateen member is 14 years.

### Gender:

AL-ANON	ALATEEN
88% Female	62% Female
12% Male	38% Male

### Marital Status:

AL-ANON	ALATEEN
57% Married	7% Life Partner
16% Divorced	5% Widowed
10% Single	5% Separated

### Education:

AL-ANON	ALATEEN
11% Less than High School	7% Elementary School
22% High School Graduate	37% Middle/Upper Elem./ Junior H.S.
18% Some College	48% High School
9% Other Post High School Training	7% College
21% College Graduate	
19% Post Graduate Studies or Degree	

### Ethnicity:

AL-ANON	ALATEEN
86% Caucasian	72% Caucasian
10% Hispanic/Latino/Caribbean	4% Hispanic/Latino/Caribbean
2% Mixed Race	13% Mixed
1% Native American/Aboriginal	2% Native American/Aboriginal
1% Asian	1% Asian
1% African American/Canadian/Black	3% African American/Canadian/Black
	5% Other

### Language Spoken:\*

AL-ANON	ALATEEN
74% English	97% English
30% French	4% French
12% Spanish	10% Spanish
2% Other	3% Other

\*Some members reported that they speak more than one language

### Employment:

AL-ANON
69% Employed
16% Retired
9% Homemakers
3% Unemployed
2% Students
1% Military

### Professions:

AL-ANON
28% Other
25% Professional/Managerial/Executive
19% Clerical
12% Medical
10% Sales/Marketing
5% Skilled Worker/Craftsman
1% Farming/Agriculture